

getting you  
back  
in  
the game

# Tulane

INSTITUTE OF  
Sports Medicine

Appointments

(504) 988-TISM<sup>(8476)</sup>

[tulanehealthcare.com/sportsmedicine](http://tulanehealthcare.com/sportsmedicine)

202 McAlister Extension  
New Orleans, LA 70118

**For the non-athlete:** Whether you hurt your back gardening, injured your knee hiking on vacation or strained your shoulder playing catch with the kids – sports medicine can help. Tulane Institute of Sports Medicine (TISM) treats injuries of the back, shoulder, neck, elbow, wrist, knee and ankle. Everything you need for diagnosis and treatment (including imaging and physical therapy) is conveniently located in one place.

**For the athlete:** Tulane Institute of Sports Medicine enjoys a reputation for focused attention on injury prevention and management for all major sports, whether amateur or professional. Their goal is to enable the athlete to reach his or her full potential during competition and, in the event of an injury, return that athlete to 100% capability as effectively as possible. Using the most advanced techniques for diagnosis, treatment and rehabilitation, the Institute provides one-stop, comprehensive sports medicine within a preventative and curative framework.

TISM is made up of some of the finest orthopaedic doctors, surgeons, trainers and physical therapists in the region. Make an appointment today and let us show you what sports medicine can do for you!

TISM is conveniently located Uptown on the Tulane Campus, one block off Claiborne, with free parking.

## Directions:

**From Tulane Medical Center:** Head northwest on Tulane Ave toward I-10. Cross Claiborne and make a legal U-turn. Take right on Claiborne (proceeding up and over ramp). Continue on Claiborne Ave and take left on Ben Weiner Dr.

**From the East:** On I-10W Take US-90 W/S Claiborne Ave to Ben Weiner Dr. Turn left onto Ben Weiner Dr.

**From the West:** On I-10E Keep right at the fork to stay on I-10 E, follow signs for Interstate 10 E/New Orleans Business District. Use the 2nd from the right lane to keep left at the fork and continue on US-90 BUS W. Take exit 13B - A to merge onto US-90 W/S Claiborne Ave. Turn left onto Ben Weiner Dr

**From the Westbank:** Cross Greater New Orleans Bridge. Get on US-90 BUS E in New Orleans from Westbank Expy. Follow US-90 BUS E and S Claiborne Ave to Ben Weiner Dr. Turn left onto Ben Weiner Dr

**From River Ridge, Old Jefferson, Harahan:** Proceed east on Jefferson Hwy (US-90E) which becomes Claiborne Ave. Stay on Claiborne Ave and turn right on Ben Weiner Dr.

